



Liliputi®

Stretchy Wrap
*instructions
booklet*



safety & care

This instructions booklet will guide you through the most important tying techniques, will show you some important safety information and give instructions how to care for your carrier



*Read this manual
online in your
language*



www.liliputi.com/carrier-instructions

Babywearing Safety Instructions

Practice wrapping without your baby so your muscles learn the movement and will remember when you try it with your baby. If you feel unsure ask for help either from us or a local babywearing consultant or peer supporter.

IMPORTANT!

- Do not wear your baby in this carrier when you do sports (jogging, cycling, jumping, swimming, etc) or you drive or travel in a car!
- In the optimum positioning your baby's legs will shape an M, the knees will be higher than the bum (at bellybutton level) while the thighs are opened slightly
- The wrap must support your baby's thighs from knee pit to knee pit
- The wrap with your baby should be high enough to enable you to kiss your baby's forehead
- When finishing wrapping always double check that it is tight enough so your baby cannot lean back and the baby moves together with you
- While wearing your baby in the stretchy wrap make sure that your baby is facing towards you and not out, not away from you. So hold a tummy-to-tummy position
- It might be possible that your baby cries when you put him/her in the wrap and this is normal. Among many other reasons your baby might feel your tension. With time and practice you both become experts of wrapping and it easily turns into a lovely habit of yours. Although, always check that the reason of the baby's crying is not caused by something else (hunger, sore nappy, lack of comfort in bodysuit, etc)

While wrapping and during wearing check regularly:

- Your child is positioned safely in the sling following the guidance of this instruction booklet
- You must be able to put two of your fingers in between your baby's chest and chin
- Your baby's nose and mouth is clear and always visible
- Your baby is breathing normally. Change position if you hear your baby breathing heavily or if the breathing does not sound normal.

Neither the manufacturer nor the distributor accepts any responsibility for injury/damage due to the use/misuse of this product. Take care of your baby's safety and comfort. Your child's safety is your responsibility!

Weight & Age Limitations

This carrier is ideal for newborns and infants. In case your baby is getting closer to 9kgs in weight, you may feel comfortable upgrading to another type of carrier.

Washing & Care

In order to preserve the wrap we recommend local cleaning if possible. If the carrier requires total cleaning, it is machine washable at 30 degrees. Requires a low speed spin. Do not tumble dry!

Thanks to Mariann Hornyák (School of Babywearing and Slingababy babywearing consultant), Melinda Wellner-Mező (ClauWi babywearing consultant and trainer) and for Petra Gerhát (ClauWi babywearing consultant) for their professional help.

Have Questions?

Call us: +43 1 364 9000 Email us: info@liliputi.com



pocket wrap cross carry

We recommend this technique primarily for babies who can already support their head and upper body.



1. Find the middle marker and hold the wrap in front of your chest.



2. Follow the top rail of the wrap by both of your hands and guide the wrap behind yourself, cross the tails behind your back. Make sure that the wrap is not twisted, so the top rail of your wrap remained on the top.



6. If the wrap is too long for you bring the tails forward after knotting and make a double knot in the front again.



7. Pull the outer pocket down to free the crossed wrap. Place baby on your opposite shoulder, so on the shoulder where the top piece of the cross runs. Always support your baby against gravity under her bum. Put the baby's legs in and under the bottom piece.



www.liliputi.com/instructional-videos



3. Bring the hanging ends through (under) the horizontal front panel to create an outer pocket and again make sure that the wrap is not twisted.



4. Cross the two hanging ends behind (under) the horizontal pocket. These will end up over and under baby's legs so will create a "seat". Tighten it as much as needed, so your baby would still fit in.



5. Lead the tails behind your body around your waist and make a double knot.



8. Spread the wrap from knee pit to knee pit and over the baby's back. Make sure that it is smooth and there is no slack or extra fabric.



9. Pull the outer pocket up to your baby's head (ear level for babies with no head support) and pull the baby's legs out of the pocket carefully, so the baby can bend her legs freely. Ensure that the bottom part of the pocket stays under the baby's bum.



10. Double check the tightness of your wrap, whether your baby is high enough (e.g.: head is not in between your breasts) and look for extra fabric. The tying is tight enough if your baby moves with you and cannot lean back or sink down.



front wrap cross carry

We recommend this technique for newborns and small babies who have no head support yet.



1. Find the middle marker and hold the wrap in front of your chest.



2. Follow the top rail of the wrap and guide the wrap behind your body and pull it up on your opposite shoulder. Repeat on the other side while crossing the wrap behind you. Make sure the wrap is not twisted.



6. Pull the wrap tight starting with the piece closer to you on your back. Keep the tension while support baby's bum against gravity.



7. Cross the wrap under the baby's bum and pull it behind you on your waist while the vertical piece is pinned in the knee pit and lead under the other knee, same on the other side. (so, over and under)





3. Get your baby now and place her on your shoulder. Move your hand from under the wrap and help the legs come through and under the horizontal panel. Support baby against gravity under the baby's bum.



4. Pull up the wrap on your baby's back while always make sure that you support your baby against gravity under her bum. Pull the wrap up to the ear level for tiny babies with no head support or up to the neck for older babies. Make sure that your baby's pelvis is tilted.



5. Check that the fabric is smooth on baby's back, pull the extra slack down towards the knee pit, while the top rail remains horizontal. Check the fabric under the baby's bum and ensure that it is pinned in the knee pit. Support baby under her bum.



8. Make a double knot on your lower back.



9. Get now the vertical pieces of your wrap and spread them on your baby's back, so they reach from knee pit to knee pit. Make sure that you do not twist the wrap while pulling the top rail.



10. If the tails are too long, bring them forward and make a double knot under baby's bum. Check that the baby is high enough, the legs are spread, and that there is no slack. The wrapping is tight enough if your baby moves with you and cannot lean back or sink down.



hip wrap cross carry

We recommend this technique for babies who can confidently support their head and upper body, for shorter trips.



1. Find the middle marker of the wrap and place it on your side where you want to carry your baby.



2. Follow the top rail of the wrap by both of your hands, guide the wrap behind yourself and cross the tails behind your back. Make sure that the wrap is not twisted.



6. Get your baby now and place the baby on your opposite shoulder (so to the one where you will not carry). Find the baby's feet and gently hold them.



7. Support your baby into the inner pocket of your wrap while holding her against gravity. Now move the baby on your side where you will carry.





3. Pull a bit on the wrap and **cross them on your hips**.



4. Bring the wrap around you and **make a double knot on your side** where you will not carry. The wrapping should be tight but loose enough to fit for baby.



5. Put your hand under the pocket and the hammocks to **double check the tightness** of your carry.



8. Pull the wrap up on the baby's back. The wrap needs to be smooth on her back. Now **pull the legs through the vertical pieces** of your wrap and pin them in the knee pits.



9. Find the **fabric under the baby and pull it up** a little bit in between you and baby, so the knees are up in belly button level.



10. **Spread the wrap from knee pit to knee pit**. Double check the tightness of the wrap, the height of the baby, and that the legs are spread in an ideal position. The wrap job is good enough if the baby moves with you and can't lean back or sink down.





mei-tai



sling



*buckle
carrier*

other carriers

Although the Stretchy Wrap is definitely the best carrier for newborn babies, if the baby is getting closer to 9kgs in weight, it's time to consider upgrading to another type of Liliputi carrier.

accessories

Complete your baby carrier with Liliputi babywearing accessories, matching the style of your favourite Liliputi Stretchy Wrap.

*mama
coat*



*mama
pocket-belt*



*mama
bag*



Liliputi®
Babywearing & More...

Liliputi Babywearing Ltd. | 1024 Budapest, Lövőház St. 29., Hungary
+43 (1) 364-9000 | info@liliputi.com | facebook.com/liliputi.babywearing

www.liliputi.com